

The Doping Moral Disengagement Scale

A number of statements describing **thoughts that athletes might have about doping** are listed below. Please read these statements carefully and indicate your level of agreement with each one by circling the appropriate number. Please respond **honestly**.

What is your level of agreement with the following statements?	Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree
1. It is okay to dope if it helps an athlete to provide for his/her family.	1	2	3	4	5	6	7
2. Saying you "take steroids" feels worse than saying you "use some gear".	1	2	3	4	5	6	7
3. Compared to most lifestyles in the general public, doping isn't that bad.	1	2	3	4	5	6	7
4. Athletes shouldn't be blamed for doping if training partners/teammates pressure them to do it.	1	2	3	4	5	6	7
5. If most athletes in a sport dope, no one athlete should be held responsible for doing it.	1	2	3	4	5	6	7
6. Risks associated with doping are exaggerated.	1	2	3	4	5	6	7
7. Doping is okay if it helps an athlete advise others on how to do it right.	1	2	3	4	5	6	7
8. Using words like "roids", "gear" and "pinning" makes doping feel more acceptable.	1	2	3	4	5	6	7
9. Compared to smoking, doping is pretty safe.	1	2	3	4	5	6	7
10. An athlete shouldn't be blamed for doping if a member of his/her training group has encouraged it.	1	2	3	4	5	6	7
11. It's not right to condemn individuals who dope when many in their sport are doing the same.	1	2	3	4	5	6	7
12. Doping doesn't really harm anyone else.	1	2	3	4	5	6	7
13. It is acceptable to dope if knowledge gained helps an athlete advise others on safe doping.	1	2	3	4	5	6	7
14. Using terms such as "gear" or "juice" makes doping sound less harmful.	1	2	3	4	5	6	7
15. Compared to physical violence, doping isn't that serious.	1	2	3	4	5	6	7
16. An athlete shouldn't be held responsible for doping if his/her coach encouraged him/her to do it.	1	2	3	4	5	6	7
17. If an athlete trains/competes in an environment in which doping is the norm, he/she shouldn't be held accountable for doing it.	1	2	3	4	5	6	7
18. The negative aspects of doping are exaggerated by the media.	1	2	3	4	5	6	7